

### **Mṛtyunjaya Mantra**

Om tryambakam yajāmahe  
sugandhim puṣṭivardhanam,  
Urvārukamiva bandhanāt  
mṛtyormukṣiya māmṛtāt.

Om Śāntiḥ Śāntiḥ Śāntiḥ

### **Prāṇāyama Mantra**

Prāṇasyedam vaśe sarvam tridive yat pratiṣṭhitam  
Māteva putrān rakśasva  
śrīśca prajñāśca vidhebi naḥ iti

Om Śāntiḥ Śāntiḥ Śāntiḥ

### **Morning Prayer**

OM Bhadram Karṇebhiḥ śrṇyama devā  
Bhadram paśyemākṣabhiryajatrā,  
Sthirairangaistuṣṭuvāmsastanūbhiḥ  
Vyāshema devahitam yadāyuh.  
Om Śāntiḥ Śāntiḥ Śāntiḥ

### **Prātaḥsmaraṇa Stotra**

Prātaḥ smarāmi hṛdī samsphuradātmatattvam  
satcit sukham paramahamsa gatim turiyam,  
Yat svapna jāgara-susuptamavaiti nityam  
Tad brahma niṣkalamaham na ca bhūtasanghaḥ

Prātarbhajāmi manaso vacasām agamyam  
vaco vibhānti nikhilā yadanugraheṇa,  
Yan neti neti vacanair nigamā avouch  
tam deva deva majamcyutamāhuragyram

Prātarnamāmi tamasah paramārkavarṇam  
Pūrṇam sanātanapadam puruṣottamākhyam,  
Yasmin idam jagadaśeṣamaśeṣha mūrtau  
rajivām bhujāṅgama iva pratibhāsitam vai.

### **Aikya Mantra**

.. still in work ..

Om Śāntiḥ Śāntiḥ Śāntiḥ